

# CPR



## Course Description

This course has been designed to provide the knowledge and skills to recognize and respond to cardiopulmonary resuscitation (CPR) emergencies. This course focuses on the principles and practical application of CPR and teaches participants how to confidently respond to a workplace emergency with CPR.

### Duration

CPR A – 3 hours

CPR C – 4 hours

CPR HCP – 5 to 6 hours

### Course Handout

AED/CPR Guide

### Certificates

1 year – CPR Wallet Card

### Requirements

Must attend training in full, complete practical training and written evaluation.

## Topics

### Level A

- The Approach
- Medical/legal issues
- Scene management
- Airway management
- Heart attack/cardiac arrest
- Angina/stroke
- Adult CPR
- Crisis intervention
- EMS reporting

### Level C

- Level A content
- Child and infant CPR

### Level HCP

- Level C content
- Jaw thrust and head-tilt chin lift technique
- Pulse check
- BVM
- Two person CPR