


# Emergency First Aid/CPR/AED Awareness



## Course Description

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This course teaches participants how to confidently respond to an emergency in the home or workplace and provide lifesaving care until professional help arrives. This course meets the requirements for workplace training where there are not more than five workers on any one shift. Training includes practical skill stations, scenarios and written evaluation.

Approved by WSIB and provincial workers' compensation boards.

### Duration

7-8 Hours

### Course Handout

WMC First Aid/CPR Manual

### Certificates

3 years - Emergency First Aid/CPR/AED Awareness Wallet Card

### Requirements

Must attend training in full, complete practical training and written evaluation.

## Topics

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- The Approach
- Medical/legal issues
- Communicable diseases
- Adult/child/infant CPR (Level C)
- Heart attack & stroke
- Choking (conscious/unconscious)
- Shock
- AED awareness
- Wounds & bleeding
- Head & spinal emergencies
- Burns
- Respiratory emergencies
- Seizures
- Diabetic emergencies